USEFUL STRATEGIES TO NAVIGATE CYBERSPACE

Critical Thinking

Problem Solving

Self-awareness & Self-development

Communication & Collaboration

Digital Resilience

DIGITAL COMPETENCE

Digital competence is the set of knowledge, attitude, and skills that are necessary to navigate cyberspace safely, critically, and for creative purposes.
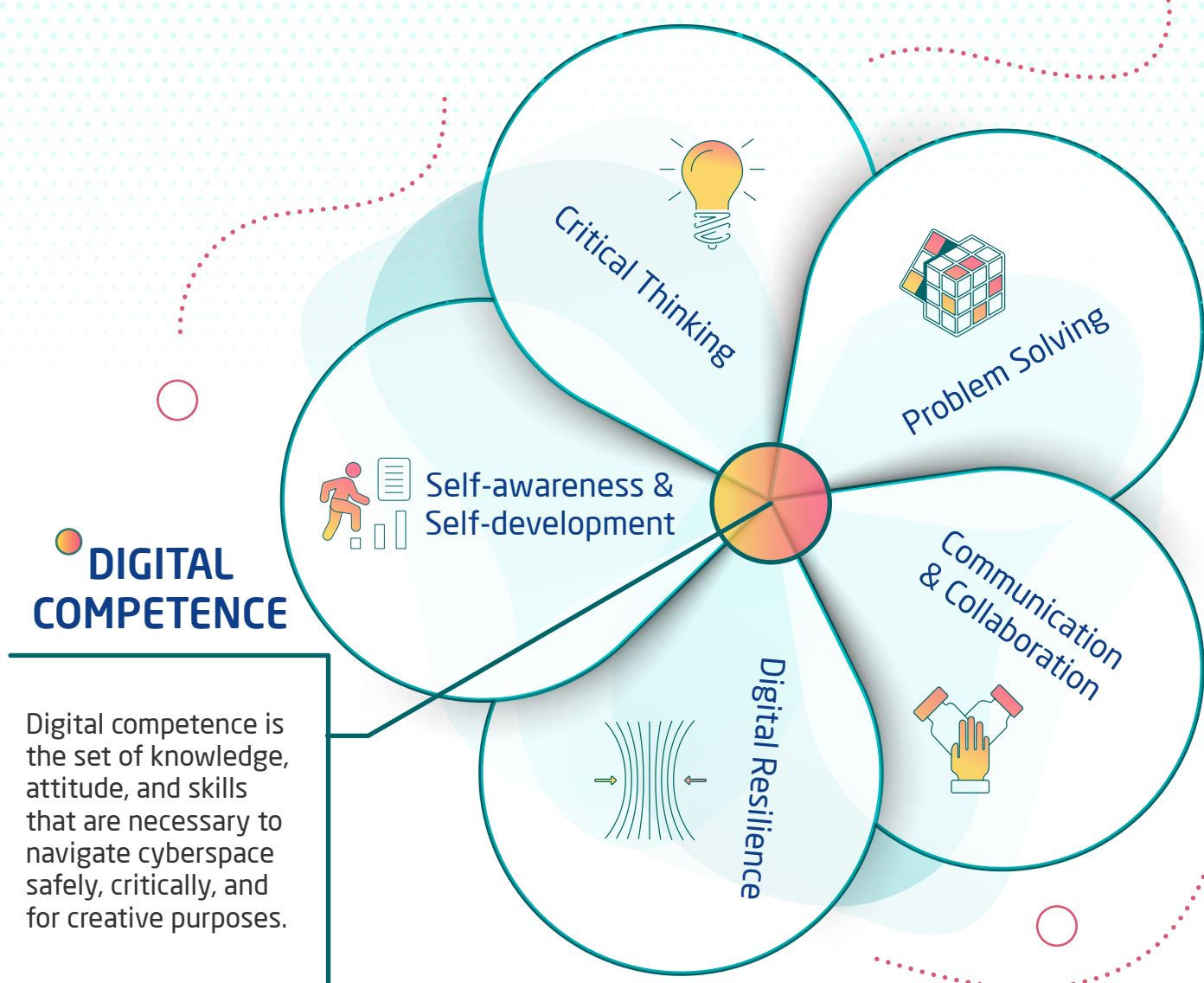
Critical Thinking

Don't play into the hands of the cyber attackers by responding with emotion or negligence.

- Don't download anything in response to a virus infection pop up on your browser or an unexpected email even if the situation seems urgent or exciting.
- Factcheck the authenticity of a claim by strategically searching the web for different opinions.

Problem Solving

Actively search for solutions rather than ignoring an issue until it becomes a bigger problem.

- Note the error code if you receive one when you are unable to do an action.
- Keep note of the issue you face in detail and collect evidence of it such as screenshots.
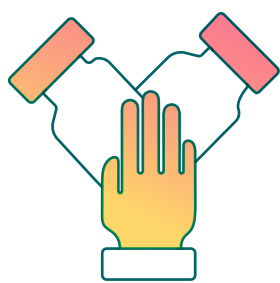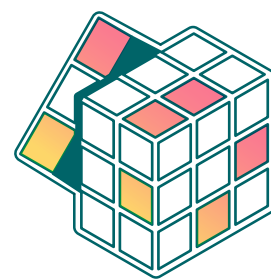
Communication & Collaboration

Ask the help of others and use online tools to resolve issues you face online.

- Search online to see how others with the same issue resolved them and share your own experiences.
- Contact support team of the app or device that is causing you an error.

Self-awareness and Self-development

Practice self-awareness to monitor and develop yourself.

- Learn from your mistakes through the cybersecurity issues you face.
- Check user manuals and online informative content to learn more about the digital devices and platforms.
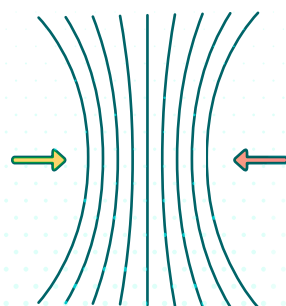
Digital Resilience

Build digital resilience in order to recover from a cyberattack without long lasting effects.

- Back up your data and information in multiple ways.
- Recover from the psychological and financial effects of an attack by seeking support of your community.
- Seek help from cybersecurity, law and psychology experts if you are being attacked.

Employ these five strategies to ensure wellbeing and safety of yourself and your community while navigating in the cyberspace with its benefits and threats.