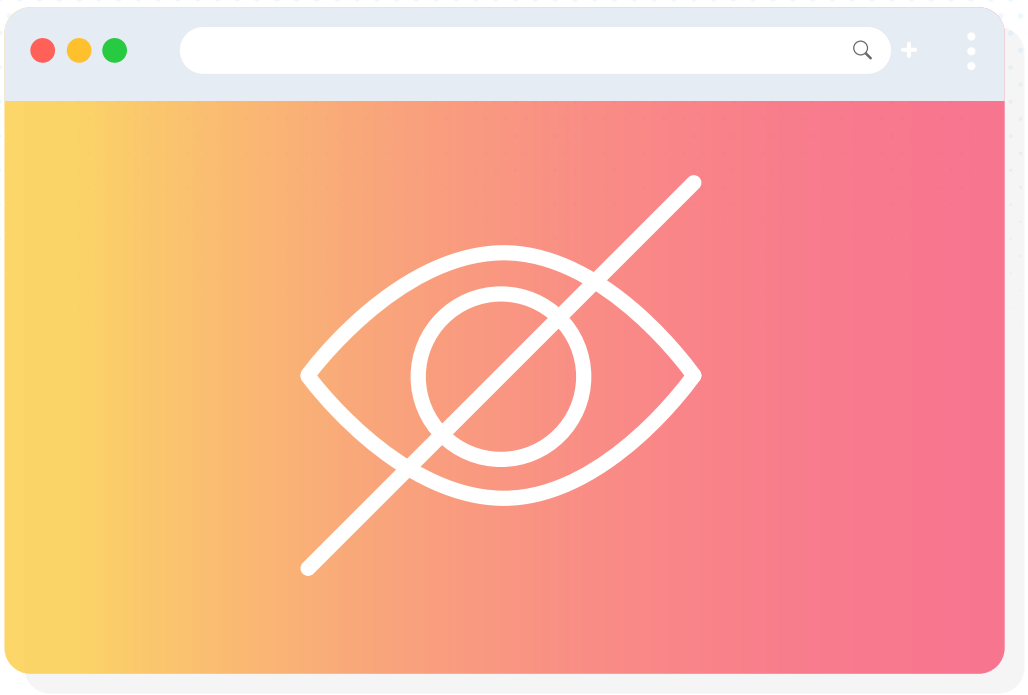
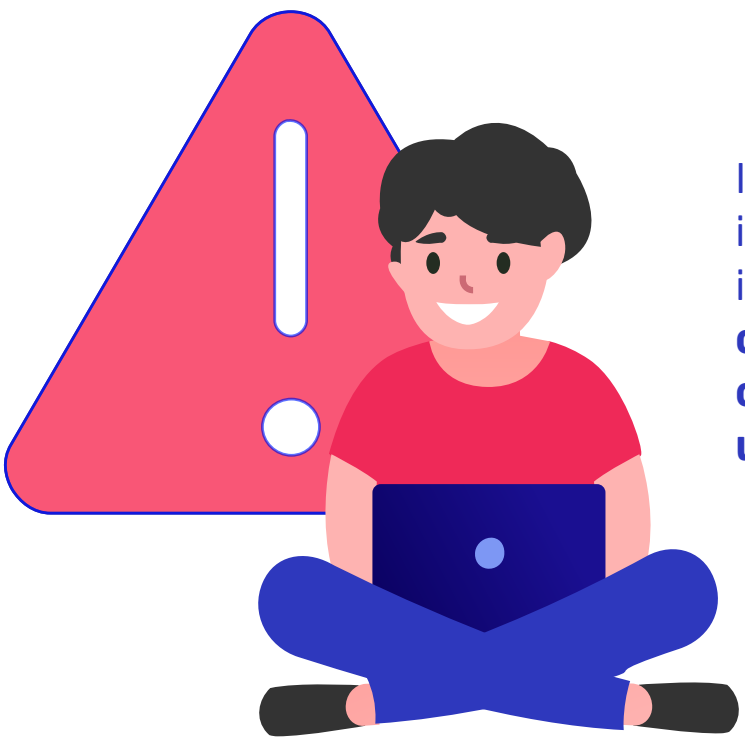
INAPPROPRIATE CONTENT AND HEALTHY PRACTICES

The internet is a great resource for children and adolescents to use to expand their learning. However, they're always at risk of bumping into inappropriate content.



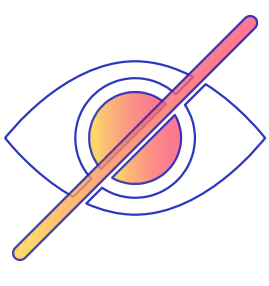


Inappropriate content consists of images, videos, or written information that can be **disturbing, confusing, and both developmentally and culturally unsuitable to adolescents.**

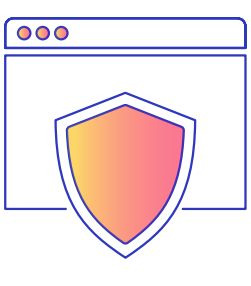
Healthy Practices to Teach Your Students

Don't view any content that is not your age-appropriate, abide by the age restrictions.

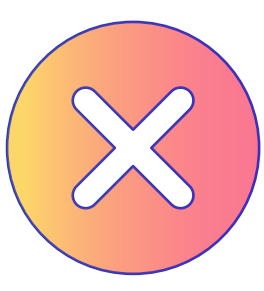
Report inappropriate content to the site administrator.



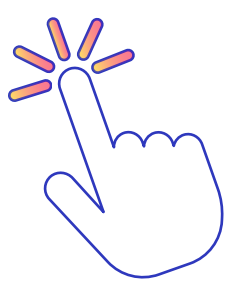
Add content warning labels to content that might be triggering for others.



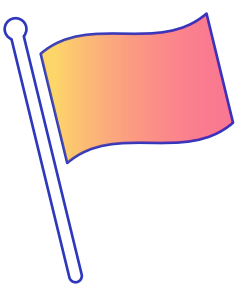
Use safe browsing or safe search.



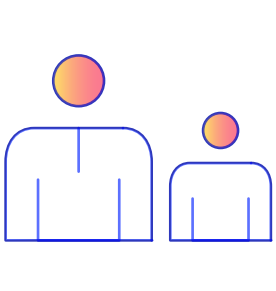
Block pop-up windows.



Exit the website once exposed to content that upsets you and makes you feel uncomfortable.



Don't click or view content that flags a warning.



Talk to a trustworthy adult or to your teacher about what you saw.

Questions to Discuss with Your Students

- Have you ever come across content that made you feel uncomfortable?
- Have you come across content that you couldn't stop thinking about?
- Where do you usually encounter such content the most?
- Would you suggest someone younger than you to consume this content?
- Do you respect age ratings on websites, apps, or games?
- What do you usually do when exposed to confusing content?
- Do you ever talk to an adult or parent about what you saw and how you felt?
- How can you keep yourself safe from such content?
- What do you know about the reporting, blocking, and safe search tools?

Always check the appropriateness of digital content for **your** students by critically viewing it even if global age rating organizations approve it.

Safe Space
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